**FAST-M DECISION TOOL**

Case 7



|  |  |  |  |
| --- | --- | --- | --- |
| **Patient name** | **Chikondi Banda** | **Staff name** |  |
| **DOB / Age** | **29** | **Role / Cadre** |  |
| **Patient ID** |  | **Signature** |  |
| **Date** |  | **Time** | *:* |

START HERE OR



OR

X Abnormal vital signs or MEOWS Chart trigger?

(Respiratory rate / Temperature / Heart rate / Blood pressure / Urine output / Mental state / Looks unwell) Concerned about a potential maternal infection? NO

Fetal heart rate of 160 beats per minute or more

**COULD THE PATIENT HAVE AN INFECTION?**

**YES**

**NO**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **PELVIS** | **ABDOMEN** | **CHEST** | **WOUND** | **OTHER** |
| **Offensive vaginal discharge**  **X. Vaginal bleeding**  **Delay in uterine involution** | **X Abdominal pain Urinary symptoms**  **Vomiting / diarrhoea** | **Cough /**  **shortness of breath**  **/ sore throat**  **Breast erythema**  **/ pain** | **Discharging wound / wound dehiscence**  **Swollen / painful cannula site** | **X Fever / rigors / malaise Headache / neck stiffness / rash**  **Other:** |

**ARE ANY SEPSIS RED FLAGS PRESENT?**

# X Respiratory rate

25 breaths per minute or more

# Heart rate

120 beats per minute or more

# Systolic blood pressure

89 mmHg or less

# Diastolic blood pressure

39 mmHg or less

# Not passed urine

YES

**NO**

**ARE TWO OR MORE SEPSIS YELLOW FLAGS PRESENT?**

# Respiratory rate

**21 - 24 breaths per minute**

# X Temperature

**35.9 °C or less OR 38°C or more**

# X Heart rate

**100-119 beats per minute**

# Systolic blood pressure

**90 - 99 mmHg NO**

# Last passed urine

in over 18 hours (less than 0.5 ml/kg/hr if catheterised)

# Mental state

Not altered

**12 - 18 hours ago**

# Looks unwell

YES

**REVIEW BY NURSE / MIDWIFE / CLINICIAN**

**YES**

**Continue to monitor maternal vital signs HOURLY and REVIEW the patient within three hours**

## Review taken place within three hours? YE S NO

**Date Time**

## Recognize infections EARLY and start appropriate antibiotics.

**START FAST-M TREATMENT BUNDLE NOW**

**Urgent review by nurse / midwife / clinician and take action**

**within ONE HOUR**

**Are antibiotics required? YES NO**

**IF ANY RED FLAGS DEVELOP**

**LOW RISK OF SEPSIS**

* **Review and manage appropriately: treat non-severe infections early to prevent sepsis.**
* **Continue to monitor inpatients using the MEOWS Chart.**
* **Educate patients on warning signs of infection when discharged.**



**SUSPECT SEPSIS, START FAST-M**

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